CHEF DANA BUTTERNUT SQUASH AND APPLE CIDER SOUP

- 2 Butternut squash cleaned, peeled and cubed
- 1 Vidalia onion, minced
- 1 quart apple cider
- 1 tsp ground cinnamon
- 1/2 tsp ground nutmeg
- 1/2 tsp ground clove
- Pinch kosher salt
- Olive oil for sauteing

- 2. Pre-heat oven to 400°F.
- 3. Peel, de-seed and cut butternut squash into 2-inch pieces.
- 4. In a mixing bowl toss squash pieces in olive oil and spices.
- 5. Spread onto a cookie sheet and bake until tender, about 45 minutes.
- 6. In a pan sauté onion in olive oil until translucent.
- 7. In a food processor or blender combine the cooked onion and squash add ¼ container of cider and a pinch of kosher salt, blend until smooth.
- 8. Add more cider or water until desired consistency.
- 9. Add back to pot and warm on low until 150°F.
- 10. Top with pumpkin seeds and sour cream then serve.

ADDITIONAL INFORMATION

Course <u>Dinner, Entrees, Lunch</u>

Cuisine American, Chef Dana, Seasonal Fall, Seasonal Winter

Category Soups, Vegetarian