## **CRAB & SEAFOOD QUINOA BOWL**

- 1 lb King and Prince Seafood Jumbo Crab Sensations
- 1 cup Quinoa, rinsed well
- 1 3/4 cups Water
- 1 ea Avocado, diced
- 1 ea Mango, diced
- 1/2 ea Jalapeno, seeded and diced
- 2 ea Scallions, chopped
- 3/4 cup Lemon-Agave Vinaigrette
- Salt and pepper to taste

- 1. Boil water with a dash of salt and quinoa. Place lid on top and reduce the heat to simmer for approximately 15 minutes until the quinoa is tender. Fluff quinoa with a fork and let cool.
- 2. Mix the Jumbo Crab Sensations, quinoa, mango, avocado, jalapeno peppers, and scallions in a large bowl. Season with salt and pepper.
- 3. Combine vinaigrette with quinoa bowl.

## ADDITIONAL INFORMATION

**Ingredients** 

1 3/4 cups Water, 1 cup Quinoa, rinsed well, 1 ea Avocado, diced, 1

ea Mango, diced, 1 lb King and Prince Seafood Jumbo Crab Sensations, 1/2 ea Jalapeno, seeded and diced, 2 ea Scallions,

chopped, 3/4 cup Lemon-Agave Vinaigrette, Salt and pepper to taste

Dinner, Entrees, Lunch Course

Cuisine American, Seasonal Summer

Bowls, Seafood Category

**Serving Size** 2