MAPLE SAUSAGE SKILLET

- 1 tsp Canola oil
- 1/2 lb DeYulio's Maple Breakfast Sausage
- 11/2 cup Mushrooms, sliced
- 1 medium Green pepper
- 1 small onion
- 1 stalk celery
- 2 Tbsp Maple syrup
- 1/4 tsp Black pepper
- Cooked rice

- 1. Slice the mushrooms, green pepper, onion, and celery rib. Put them to the side for now.
- 2. In a large skillet, heat the oil over medium-high heat. Add the sausage. Cook and stir 3-4 minutes or until lightly browned.
- 3. Remove the sausage from the skillet and slice it.
- 4. Add the sliced sausage back to the skillet. Also add the sliced mushrooms, green pepper, onion, and celery rib to the skillet. Cook and stir 3-4 minutes or until vegetables are crisp and tender.
- 5. Stir in the syrup and pepper. Cooking until sausage is at 160°F.
- 6. Serve over rice.

ADDITIONAL INFORMATION

Course <u>Breakfast</u>, <u>Brunch</u>, <u>Entrees</u>

Cuisine <u>American</u>