



**AJINOMOTO**

# 12679 - Potsticker Thai Style Veg Dump 707520

Vegan; Made with a spinach-enriched dough, this green wrapper is filled with chopped cabbage, onion and tofu with complement of carrots, potatoes, vermicelli, shiitake mushrooms, and seasoned with garlic, ginger, green onion, soy sauce and sesame oil for an outstanding taste.



### \* Benefits

## Nutrition Facts

<b>Serving size</b>	<b>79 Gram</b>	
<b>Amount per serving</b>		
<b>Calories</b>	<b>150</b>	
	<b>% Daily Value*</b>	
<b>Total Fat</b> 5g		<b>7%</b>
Saturated Fat 1.5g		<b>7%</b>
<i>Trans Fat</i> 0g		
<b>Cholesterol</b> 0mg		<b>0%</b>
<b>Sodium</b> 410mg		<b>17%</b>
<b>Total Carbohydrate</b> 19g		<b>6%</b>
Dietary Fiber 0g		<b>0%</b>
Total Sugars 1g		
Includes	Added Sugars	<b>%</b>
<b>Protein</b> 6g		
Vitamin D 0.03mg		<b>0%</b>
Calcium 40mg		<b>3%</b>
Iron 1mg		<b>5%</b>
Potassium 190mg		<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Cabbage, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Onion, Tofu, Carrots, Potato, Vegetable Shortening, Vermicelli (Mung Bean, Water), Textured Vegetable Protein (Soy Flour), Green Onions, Soy Sauce (Water, Soybean, Wheat, Salt), Sesame Oil (Sesame Seed Oil, Soybean Oil), Shiitake Mushroom, Salt, Modified Food Starch, Monosodium Glutamate, Spinach Powder, Garlic, Potato Starch, Ginger, Sugar, and Spices.

### Allergens

#### Contains:

sesame soy wheat

#### Free From:

crustaceans eggs fish dairy  
 peanuts tree nuts

### Handling Suggestions

Store Product for no longer than 635 days after production at a temperature between -10 and 0 degrees

### Serving Suggestions

Good for party reception, appetizers, salad or buffet applications

### Prep & Cooking Suggestions

Stovetop Skillet Instructions: Pan Frying: Heat 2 tablespoons of cooking oil in skillet, pan fry frozen Potsticker on one side at low heat until golden brown. Add ½ cup of water, bring to boil, cover and simmer for 5 minutes or until water evaporated. Serve.

### Product Specifications

Brand	Manufacturer	Product Category
AJINOMOTO	Ajinomoto Foods North	Appetizers, Asian, Mexican

MFG #	SPC #	GTIN	Pack	Pack Desc.
5280430	12679	10076366528042	120	.7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.19 lb	5.25 lb	USA	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.38 in	10.38 in	7.63 in	0.47 ft3	12x5	635 DAYS	-10°F / 0°F



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## Nutrition Analysis

Calories	150 kcal	Total Fat	5 g	Sodium	410 mg
Protein	6	Trans Fats	0 g	Calcium	40 mg
Total Carbohydrates...	19 g	Saturated Fat	1.5 g	Iron	1 mg
Sugars	1 g	Added Sugars		Potassium	190 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)		Vitamin D	0.03 mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

