

**BREAKFAST SAUSAGE**



**INCOGmeato™**

MorningStar  
FARMS



**HEATING INSTRUCTIONS**






# HEATING INSTRUCTIONS


## FLAT TOP GRIDDLE OR SKILLET

(Recommended Method)

 **PREP** preheat flat top griddle to MEDIUM heat

 **SPRAY** griddle lightly with cooking oil

 **HEAT** FROZEN patties over MEDIUM heat for 9 ½ - 10 minutes


 **FLIP** patties over halfway through heating time

**NOTE:** Food will brown on the surface; do not overheat

## MICROWAVE

 **PREP** place FROZEN patty on a microwave safe plate


 **HEAT** on HIGH for 50 seconds - 1 minute


 **FLIP** patty over halfway through heating time


 **NOT RECOMMENDED** to heat more than 1 patty at one time


**NOTE:** Heating instructions developed using 1100 watt microwave. Microwave ovens vary. Times given are approximate

## CONVECTION OVEN

 **TEMP** preheat oven to 350°F and set fan to high

 **PREP** place FROZEN patties in a single layer on a baking sheet


 **HEAT** frozen patties for 9 - 10 minutes


 **FLIP** patties over halfway through heating time


**NOTE:** Do not overcook

## CONVENTIONAL OVEN

 **TEMP** preheat oven to 375°F

 **PREP** place FROZEN patties in a single layer on a baking sheet

 **HEAT** frozen patties for 11 - 12 minutes

 **FLIP** patties over halfway through heating time

**NOTE:** Do not overcook

**CAUTION:** Never leave cooking appliance unattended while in use.